**For preclinical conservative dentistry and endodontics exercises you should have:**

* Disposable medical gloves (in adequate size), doctor’s gown, face mask (surgical), goggles or protect visor
* Working model for Frasaco phantom® with elastic gum (standard working model AG3) or with rigid gum (standard working model A3) (http://www.frasaco.de)1 kit for 2 students

 

 AG3 A3

(fot. Frasaco)

* Rotary cutting instruments set (see below)
* Syringe 5ml 3 pieces, needle 0,5 for root canal irrigation
* Wood wedges and polishing & finishing discs (1 set for training group of students)[[1]](#endnote-1)

endodontics

* 5 natural teeth (stored in thymol water solution or Aldesane)
* endodontic training blocks 4 pieces (curved canal, not s-type) (e.g. Morita, VDW or Frasaco)



* hand instrunents1 box (assortment 15-40) for 1 student (S-files are recommended e.g. Poldent)
* Paper points 1 box (assortment 15-40) for 5 students
* Gutta Percha points 1 box (assortment 15-40) for 5 students for 5 students
* Finger spreader 1 box (assortment 15-40) for 5 students
* Root canal reamers (drills) “Gates”, (assortment 01-06 e.g.: GAE010619 POLDENT catalogue) for 5 students
* Thermafil or SoftCore obturators (or similar) 3 pieces (ISO 25-30 taper 2 lub 4 size)

Rotary cutting instruments:

1. Diamond cutting instruments with friction-grip shank (recommended size of grain -fine 27-76µm, red colour code)

* + - Flame (e.g. Swiss Tec ISO 249 524 012 e.g. POLDENT catalogue)



* + - Pear 2 pieces (np. Swiss Tec ISO 234 524 010 i ISO 234 524 014 e.g. POLDENT catalogue)
		- Rounded end cylinder (not round end!!) 2 pieces (e.g. Swiss Tec ISO 156 524 012 i ISO 156 524 014 e.g. POLDENT catalogue)
		- End cutting cylinder (np. Swiss Tec ISO 150 524 012 e.g. POLDENT catalogue)
* Football, size of grain fine 27-76µm, yellow colour code (np. Swiss Tec ISO 257 504 023 e.g. POLDENT catalogue)

2. Burs, latch-type angle handpiece shank (wider shank)

* round (rose) 4 pieces size 010,012,014,018 (e.g. medin ISO 001 001 010, ISO 001 001 014 i ISO 001 001 018 e.g. Medin catalogue– 142 51 1033, 1053, 1073) [[2]](#endnote-2)
* Pear bur (np. Meisinger ISO 237 001 012, wg katalogu f-my Meisinger lub ISO 138 006 010 czyli 142 51 1293 wg katalogu Medin - )

**The NiTi S5 or NiTi TEE ND Poldent rotary file (1 intro set) are higly recomended (or similar instruments set)**

1. Wood wedges, green (e.g. KERR®), discs e.g.: OptiDisc® KERR or Sof-Lex® 3M ESPE. [↑](#endnote-ref-1)
2. Round bur have several ISO codes, carbide burs are beter then steel [↑](#endnote-ref-2)