



Syllabus 2017/2018															
Description of the course															
Module/Course		Medical Psychology with elements of interpersonal communication							Group of detailed education results						
									Group code	Group name					
									D	Behavioral and Social Sciences					
Faculty		Medicine													
Major		medicine													
Specialties		Not applicable													
Level of studies		Uniform magister studies <input checked="" type="checkbox"/> X 1 <sup>st</sup> degree studies <input type="checkbox"/> 2 <sup>nd</sup> degree studies <input type="checkbox"/> 3 <sup>rd</sup> degree studies <input type="checkbox"/> postgraduate studies <input type="checkbox"/>													
Form of studies		<input checked="" type="checkbox"/> X full-time <input checked="" type="checkbox"/> X part-time													
Year of studies		III							Semester		<input checked="" type="checkbox"/> X Winter <input type="checkbox"/> Summer				
Type of course		<input checked="" type="checkbox"/> X obligatory <input type="checkbox"/> limited choice <input type="checkbox"/> free choice / elective													
Course		<input type="checkbox"/> major <input checked="" type="checkbox"/> X basic													
Language of instruction		<input type="checkbox"/> Polish <input checked="" type="checkbox"/> X English <input type="checkbox"/> other													
* mark <input type="checkbox"/> with an X															
		Number of hours													
		Form of education													
Unit teaching the course		Lectures (L)	Seminars (SE)	Auditorium classes (AC)	Major Classes – not clinical (MC)	Clinical Classes (CC)	Laboratory Classes (LC)	Classes in Simulated Conditions (CSC)	Practical Classes with Patient (PCP)	Specialist Classes – magister studies (SCM)	Foreign language Course (FLC)	Physical Education obligatory (PE)	Vocational Practice (VP)	Self-Study (Student's own work)	E-learning (EL)
Winter Semester															
Department of Humanistic Sciences in Medicine		30													
Summer Semester															







		adult patients, and their family members with the use of active listening technique and empathy, as well as discusses patients life situation	role-plays, practice and rehearsal of skills	
U4	D.U8.	student gives advice on adherence to therapeutic recommendations and healthy lifestyle	case study	SE
U5	D.U10.	student uses basic psychological interventions to motivate and support their patient	presentation, discussion	SE
U6	D.U6.	Student informs about the goal, process and possible risk of recommended diagnostic and therapeutic procedures	group project	SE

\*\* L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP – practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .

Please mark on scale 1-5 how the above effects place your classes in the following categories:  
communication of knowledge, skills or forming attitudes:

Knowledge: 4

Skills: 3

Social competences: .....

#### Student's amount of work (balance of ECTS points)

Student's workload (class participation, activity, preparation, etc.)	Student Workload (h)
1. Contact hours:	30
2. Student's own work (self-study):	9
Total student's workload	39
ECTS points for module/course	1,5
Comments	

**Content of classes** (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)

#### Lectures

- 
- 
- 

1.

#### Seminars

- Holistic versus biomedical health models.
- Determinants of human perception.
- Emotions and activity.



4. Mechanisms of emotions-stress-illness. Psychoneuroimmunology.
5. Coping with stress.
6. Psychosomatic disorders.
7. Illness beliefs.
8. Physician-patient communication: non-verbal communication.
9. Physician-patient communication: active listening techniques.
10. Physician-patient communication: interviewing.
11. Physician-patient communication: formulating medical recommendations. Compliance with therapy.
12. Psychological resources of physician in their work with a patient.
13. Challenges in cooperation between patient and doctor: including cultural context in the interview, discussing sexual issues, ways of reacting to non-conventional medical treatment.
14. Challenges in cooperation between patient and doctor: family interviewing, breaking bad news.
15. Assessment.

#### **Practical classes**

- 1.
- 2.
- 3.

#### **Other**

- 1.
- 2.
- 3.

etc. ...

#### **Basic literature** (list according to importance, no more than 3 items)

1. S. Cole, J. Bird. The medical interview (third edition), Saunders, 2014.
2. K. Janowski. Biopsychosocial aspects of health and disease. Lublin : Centrum Psychoedukacji i Pomocy Psychologicznej, 2009.
3. J. Oldham, L. Morris. The new personality self-portrait, Bentam Books, New York, 1995.

#### **Additional literature and other materials** (no more than 3 items)

1. Emily A.F. Holmes, D. A. Hughes, V. L. Morrison: Predicting adherence to medications using health psychology theories: a systematic review of 20 years of empirical research, *Value in Health*, 2014, 17(8), 863-876.
2. F. L. Bishop, L. Yardley, G. T. Lewith: A systematic review of beliefs involved in the use of complementary and alternative medicine. *Journal of Health Psychology*, 2007, 12, 851-867.

#### **Didactic resources requirements** (e.g. laboratory, multimedia projector, other...)

Multimedia projector, notebook

#### **Preliminary conditions** (minimum requirements to be met by the student before starting the module/course)

Completed a summer apprentice.





**Conditions to receive credit for the course** (specify the form and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades)

1. active participation during the course and within practical exercises on interpersonal communication,
2. presentation of a topic prepared on the basis of critical literature analysis individually or as a group project.

<b>Grade:</b>	<b>Criteria</b> (only for courses/modules ending with an examination)
Very Good (5.0)	
Good Plus (4.5)	
Good (4.0)	
Satisfactory Plus (3.5)	
Satisfactory (3.0)	

**Name and address of module/course teaching unit, contact: telephone and e-mail address**

Department of Humanistic Sciences in Medicine,  
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50-358 Wrocław,  
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**Coordinator / Person responsible for module/course, contact: telephone and e-mail address**

dr hab. Jarosław Barański

**List of persons conducting specific classes: full name, degree/scientific or professional title, discipline, performed profession, form of classes.**

Aleksandra Zarek, PhD (psychologist), assistant – seminar



Date of Syllabus development

14.06.2017r.

Syllabus developed by

dr Agnieszka Olchowska-Kotala

dr Aleksandra Zarek

Signature of Head of teaching unit

Uniwersytet Medyczny we Wrocławiu  
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NAUK LEKARSKICH  
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